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|  | **Michelle L. Liska** MSW, LMSW, SHCP—Michigan Trained  Psychotherapist—Sexual Health Therapist | | | | | | |
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| OBJECTIVE  To utilize my social work expertise, job experience and skills in a clinical and administrative venue  Phone icon **PHONE** 517.414.7749  email icon **EMAIL** mliska3@comcast.net  world wide web icon **WEBSITE** michelleliskatherapy.com | |  | EXPERIENCE | |
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|  | *Michelle Liska, MSW, LMSW, SHCP—Michigan Trained*  *Hillsdale & Jackson, Michigan*  **2010 to present**  **Private Mental Health Therapy Practice**   * Wide array of private counseling services including group and individual sessions * Assessment services * Specializing in domestic violence issues, women’s issues, traumatic events, grief and loss, survivors of sexual abuse, substance abuse treatment, aging issues and chronic and persistent mental health issues * Specializing in Motivational Interviewing and Stage-Wise Treatment, Cognitive Behavioral Therapy and Mindfulness; utilize components of Dialectical Behavioral Therapy; use of metaphor as therapeutic tool   *Oaklawn Hospital,**Marshall, Michigan*  *Psychiatric Department*  **2007 to 2010**  **Inpatient Clinical Social Worker**   * + - Participation and leadership for daily team meetings for consumer treatment plan review     - Evaluation and revision of all written materials used for group     - Complete initial treatment plan development     - Partner with consumers and their natural supports to determine person-centered treatment planning     - Daily psychotherapy group facilitation and management, including: record keeping, planning, and determining intervention strategies     - Co-developed a Co-Occurring therapy group conducted daily     - Complete psychosocial assessments     - Facilitate case management services for assigned consumers     - Conduct family therapy sessions for diagnosis and medication review, determination of baseline functioning and improve communication     - Act as a liaison and advocate on behalf of the consumer with the treatment team, including inpatient psychiatrist and nursing staff     - Maintain a consumer caseload of up to 8 consumers on the psychiatric unit     - Mental health triage for emergent and non-emergent patients who present in the emergency department     - Complete mental health floor consults for emergent and non-emergent patients     - Supervise LLMSWs   *Branch-Hillsdale-St. Joseph Community Health Agency (CHA)*  *Southern Michigan Diabetes Outreach Network (SODON)*  **2006 to 2007**  **Program Director**   * Hire, train and supervise four staff members and additional interns & contractual workers * Oversee daily operation of program * Prepare Strategic Plan documents * Prepare Annual Implementation Plan * Manage program budget, including grant-seeking * Maintain all program records * Oversee development of programming from inception to implementation * Maintain programming evaluation process, including development of program Logic Models * Perform research, planning and organization of major functions of program * Coordinate and collaborate with external contacts in communities that SODON serves * Accountable to CHA and Michigan Department of Community Health, Chronic Disease Section * Service a ten-county region   *Prevention Partners, Jackson, Michigan*  Substance Abuse Prevention Provider  **1998 to 2006**  **Executive Director**  (Formerly Community Prevention Services, The Student Assistance Program & The Peer Program)   * Coordinated, facilitated and managed consolidation of three separate non-profit organizations * Hire, train and supervise seven staff members and additional interns & contractual workers * Oversee daily operation of agency * Prepare county Strategic Plan documents of county objectives for state funding * Manage operating budget, including grant-seeking * Maintain all agency records * Oversee development of programming from inception to implementation * Maintain programming evaluation process, including development of program Logic Models * Maintain licensure from Michigan Department of Community Health * Perform research, planning and organization of major functions of agency * Coordinate and collaborate with external contacts in community * Develop, build and maintain county substance abuse prevention coalitions in a two-county region * Accountable to Governing Board of Directors and Mid-South Substance Abuse Commission of Michigan * Service a two-county region   *Catholic Social Services of Washtenaw County,**Ann Arbor, Michigan*  *Families First of Michigan*  **May to July 1998**  **Therapist**   * Provided intensive, in-home based interventions with each family up to fifteen hours per week * Accessible 24 hours a day, seven days per week for each client family * Negotiated and developed personalized intervention goals, utilizing direct observation and client’s own perceptions of the problem * Empowered client family in order that they might access community resources or other family supports * Facilitated improvement of daily living skills such as child and household management, problem solving, and assertiveness * Taught cognitive strategies to modify family behaviors * Advocated on behalf of client families with schools, creditors, landlords, and social service organizations * Taught advocacy skills to clients   *Catholic Social Services of Washtenaw County, Ann Arbor, Michigan*  *Alternatives to Domestic Aggression,* Batterer Intervention Service Provider  **1996 to 1998**  **Graduate Practicum**   * + - Group work facilitation and management, including: record keeping, planning and supervising intervention strategies     - Evaluated and revised all written materials used for group     - Conducted orientation sessions     - Conducted drug and alcohol and domestic violence history assessments     - Completed psychosocial assessments     - Participated in program budget planning     - Assisted in devising database (Microsoft Excel) for client evaluations     - Developed outcome data analysis of client evaluations     - Revised web site     - Counseled with lesbian clients     - Coordinated program planning and development for agency   *Domestic Harmony,**Hillsdale, Michigan*  Women’s Shelter  **1992 to 1996**  **Counselor**   * Planned and facilitated weekly group meetings * Provided individual counseling to residential and non-residential clients * Counseled with lesbian and gay clients * Wrote reports of all client interactions * Maintained statistics * Advocated on behalf of clients with various social agencies, including the criminal justice system   **(Further employment history upon request)** | | | |
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|  | EDUCATION |  | | |
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|  | ***University of Michigan,*** *Ann Arbor, Michigan*  Master of Social Work 1998  Major: Interpersonal Practice  Minor: Administration  ***Universitaet Wuerzburg,*** *Wuerzburg, Germany*  July 1990  Courses completed: Advanced German Composition and Grammar  ***Hillsdale College,*** *Hillsdale, Michigan*  Bachelor of Arts cum laude December 1990  Majors: Sociology and German  **Honors**  Member, Delta Phi Alpha (German Honorary) (1988-1990)  Recipient, Bernard L. Davis full tuition academic scholarship (undergraduate) (1986-1990)  Michigan Department of Community Health, Diabetes and Kidney Disease Unit nomination for National Board Membership: *The Association of State and Territorial Health Officials* (ASTHO), Arlington, Virginia (Spring 2007) | | | |
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|  | *Saint Joseph Mercy Chelsea Hospital*  *Chelsea, Michigan*  *Outpatient Behavioral Health*  *Ellen Fabes, Supervisor*  **2010 to 2020**  **Therapist**   * Wide array of counseling services * Assessment services * Specializing in domestic violence issues, women’s issues, traumatic events, grief and loss, survivors of sexual abuse, substance abuse treatment, aging issues and chronic and persistent mental health issues * Specializing in Motivational Interviewing and Stage-Wise Treatment, Cognitive Behavioral Therapy and Mindfulness; utilize components of Dialectical Behavioral Therapy; use of metaphor as therapeutic tool   *Saint Joseph Mercy Chelsea Hospital*  *Adrian, Michigan*  *Dominican Life Center*  *Ellen Fabes & Lissa Perrin, Supervisors*  **2010 to 2011**  **Behavioral Health Social Worker**   * Provide adult therapy sessions for retired nuns of the Dominican Order * Provide adult group sessions * Collaborate with treatment teams throughout the facility, including independent, supported, assisted and skilled nursing levels of care   *Allegiance Substance Abuse Services*  *Jackson, Michigan*  *Barbara O’Connor, Former Director*  **2010**  **Per Diem Substance Abuse Treatment Therapist**   * Complete Psychosocial Assessments * Complete Master Treatment Plans * Complete authorization process with managed care organization * Conduct a Pre-Contemplation psycho-educational group weekly * Monitor all reporting activities for probationers, including drug screens * Complete any required reauthorizations with managed care organization as needed * Complete discharge and aftercare plans * Conduct 1:1 psychotherapy sessions as needed   *Relationship Center of Michigan*  *Brighton, Michigan*  *Dr. Joseph Dragun, Ph.D, LP*  *Owner*  **2010 to 2012**  **Independent Contractor**  **Mental Health Private Practice**   * Complete Psychosocial Assessments * Complete Master Treatment Plans * Provide adolescent, adult, and family therapy sessions * Provide Emotionally Focused Couples Therapy   *Lifeways Community Mental Health*  *Jackson and Hillsdale Counties, Michigan*  *Dan Fisher, Utilization Manger & Hospital Liaison*  *Brian Bornefeld, Utilization Manager Inpatient/Crisis Services*  **2010 to 2011**  **Independent Contractor**  **Mental Health Access Center**   * Emergency mental health triage services * Assessment services   *Region 2 Area Agency on Aging*  *Jackson, Hillsdale and Lenawee Counties, Michigan*  *Barbara Stoy, Manager of Wavier Services*  **2009 to 2016**  **Independent Contractor**  **Medicaid Wavier Counselor**   * Complete psychosocial assessments * Develop treatment plans * Daily case facilitation and management, including: record keeping, planning, and determining intervention strategies * Conduct therapy sessions, determine baseline functioning and improve communication * Act as a liaison and advocate on behalf of the consumer with the Region 2 Area Agency on Aging treatment team * Act as a liaison and advocate on behalf of the consumer with community resources   *Michigan Department of Human Services*  *Susan Kangas, Director*  **2009 to 2014**  **Independent Contractor**  **Outpatient Therapist--STATE CONTRACT with current focus on Hillsdale, Branch, Lenawee, Jackson, Calhoun and Livingston Counties**   * Wide array of private counseling services including group and individual sessions * Assessment services * Specializing in domestic violence issues, women’s issues, traumatic events, grief and loss, survivors of sexual abuse, aging issues and chronic and persistent mental health issues * Specializing in Motivational Interviewing and Stage-Wise Treatment, Cognitive Behavioral Therapy and Mindfulness; utilize components of Dialectical Behavioral Therapy * Complete guardianship assessments for older adults and Developmentally Disabled individuals     *Hillsdale Community Home Care*  *Hillsdale Community Health Center*  *Hillsdale, Michigan*  *Lindsey Bryner, MSN*  *Administrator*  **2007 to 2017**  **Independent Contractor**  **Medical Social Worker**   * Complete initial treatment plan development * Daily case facilitation and management, including: record keeping, planning, and determining intervention strategies * Conduct therapy sessions for diagnosis, determination of baseline functioning and improve communication * Act as a liaison and advocate on behalf of the consumer with the treatment team, including doctors and nursing staff * Act as a liaison and advocate on behalf of the consumer with community resources   *Hillsdale Community Health Center*  *Hillsdale, Michigan*  *Renee Batt, LMSW*  *Director Behavioral Health Unit*  **2007 to 2012**  **Independent Contractor**  **Inpatient Social Worker**   * Part-time weekend inpatient social worker * Complete initial treatment plan development * Daily case facilitation and management, including: record keeping, planning, and determining intervention strategies * Conduct psychotherapy group sessions * Conduct family therapy sessions   *Hillsdale Community Health Center*  *Hillsdale, Michigan*  *Renee Batt, LMSW*  *Director of Behavioral Health Unit*  **2006 to 2010**  **Independent Contractor**  **Mental Health Access Center**   * Emergency mental health triage services * Assessment services   *Hillsdale Psychological Institute, PLLC*  *Hillsdale, Michigan*  *Dr. Marianne Osentoski, Ph.D., LP (owner)*  **2004 to 2006**  **Independent Contractor**  **Private Mental Health Therapy Practice**   * Wide array of private counseling services including group and individual * Assessment services * Specializing in domestic violence issues, women’s issues, traumatic events, survivors of sexual abuse, aging issues   *Battered Women and Children’s Memorial Garden, Ann Arbor, Michigan*  *Ann Arbor, Michigan*  *Dr. Elizabeth Shadigian, M.D. and Michael E. Jackson, MSW*  **2004 to 2006**  **Independent Contractor**  **Organizational Manager**   * Organizational consultant for development of a non-profit 501(c)3 organization located in Ann Arbor, Michigan   *Branch-Hillsdale-St. Joseph Community Health Agency, Coldwater, Michigan*  *John Robertson, BA; Director of Health Promotions and Education*  **2004 to 2005**  **Independent Contractor**  **Grant Writer**   * Secured a total of 4% of total agency budget * Return on Investment (ROI): $22.95:$1 * Grants secured: * Michigan Department of Community Health, “Community Booster Seat Intervention:” Grant Award: $49,999 (2005) * Michigan Department of Community Health, “Southern Michigan Diabetes Outreach Network (SODON):” Grant Award: $198,000.00 (2005) * Michigan Department of Community Health, “Tobacco Prevention and Control: Policy and Environmental Change:” Grant Award: $15,000.00 (2005) | | | |
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|  | * Licensed Master’s Social Worker (LMSW), State of Michigan (current)—Clinical and Macro * Stanford University Chronic Disease Self Management Program (CDSMP)--Personal Action Toward Health (PATH) in Michigan, Leader Training (September 2006) * Certified Advanced Alcohol and Drug Counselor (CAADC) (January 2009-March 2018) * Internationally Certified Advanced Alcohol and Drug Counselor (ICAADC) (January 2009-March 2018) * Panel Provider, State of Michigan sponsored program to treat pathological gamblers and their families (June 2011-July 2012) * Stanford University Chronic Disease Self Management Program (CDSMP)--Personal Action Toward Health (PATH) in Michigan, Master Trainer (June 2011) * Stanford University Diabetes Self Management Program—Diabetes Personal Action Toward Health (Diabetes PATH) in Michigan, Leader Training (January 2012) * National Acupuncture Detoxification Association’s (NADA) Auricular Acupuncture Detoxification Training November 16 & 17, 2013; certified provider * Facilitator, *Hungerwise: Ending the Struggle with Food and Weight* * Sexual Health Certificate Program (SHCP)—Michigan Trained (Sex Therapy Track) (2017)   **Trainings Provided**   * + - Michigan Association of Community Mental Health Boards (MACMHB): “*Older Adults and Substance Abuse Prevention*,” collaborative training with The Gerontology Network/Network Leadership Council of Michigan; Lansing, Michigan; October 23, 2002.     - MACMHB: “*Older Adults and Substance Abuse Prevention,”* collaborative training with The Gerontology Network/Network Leadership Council of Michigan; Pontiac, Michigan; April 7, 2003.     - Michigan Association of Foster Grandparents/Senior Companion Program: *“Sweet Dreams: Older Adults and Changes in Sleeping Patterns,”* Frankenmuth, Michigan; 2003 State Conference.     - *“Breaking the Cycle of Violence: Building A Safe Family Environment;”* Michigan State University; May 20, 2003.     - *“Chronic Disease Self-Management Support,”* Integrated Health Partners (IHP) Learning Collaborative, Augusta, Michigan; May 23 & 24, 2007.     - *Joining People with Diabetes* Support Group Training, Western Michigan University faculty, Kalamazoo, Michigan; June 2007.     - *Joining People with Diabetes* Support Group Training, Springview Tower senior apartments, Battle Creek, Michigan; July 2007.     - Stanford University Chronic Disease Self-Management Program (Personal Action Toward Health--PATH--in Michigan), community workshop, Coldwater, Michigan; July-August 2007.     - PATH workshop, Dominican Life Center, Adrian, Michigan; 2 workshops winter and spring 2011     - PATH workshop, Saint Joseph Mercy Chelsea (SJMC) Hospital Behavioral Health Services Outpatient Clinic, Chelsea, Michigan; 2 workshops spring and summer 2012; fall workshop 2013 * Stanford University Diabetes Self Management Program—Diabetes Personal Action Toward Health (Diabetes PATH) in Michigan; facility workshop, Dexter Wellness Center, Dexter, Michigan summer 2013 * PATH workshop, SJMC Hospital Behavioral Health Services Outpatient Clinic, Chelsea, Michigan; fall 2014 * PATH workshop, Chelsea Wellness Center, Chelsea, Michigan; fall 2015 | | | |
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